

Module 1:

**Constitutional Facial
Acupuncture Renewal™**

(for L. Ac.'s, MD acupuncturists,
advanced students)

June 20-22, 2008; 9:30 am - 5:30 pm

Constitutional Facial Acupuncture Renewal™ is a safe, painless and effective treatment for rejuvenating the face as well as the whole body. This class will teach the acupuncturist how to customize a treatment, by ascertaining the 5 Element constitution and meridian terrain involved in the aging process of the patient.

The seminar will also include:

- ☉ contraindications;
- ☉ benefits;
- ☉ intake and release forms;
- ☉ pre-screening of patients;
- ☉ special facial renewal points;
- ☉ 5 element wrinkle charts and hara palpation;
- ☉ physiognomy;
- ☉ French acupuncture facial needling techniques;
- ☉ an introduction to motor point needling for the neck;
- ☉ a topical herbal facial protocol;
- ☉ A comprehensive instruction manual
- ☉ *An extra day of applied practicum for new and returning students; new Muse Acu-wand™ for facial acupuncture will also be introduced*

Module 2:

**Constitutional Facial Non-Needle
Modalities & Herbal Adjunct Therapies**

(for L. Ac.'s, advanced students, bodyworkers,
nurses, estheticians)

June 27-29, 2008; 9:30 am - 5:30 pm

Participants will analyze facial wrinkles and choose acupuncture points based upon muscle and point function.

The seminar will also include:

- ☉ Facial acupressure massage techniques;
- ☉ 5 Element Oriental facial diagnosis;
- ☉ overview of microcurrents;
- ☉ “Facial Gym” exercises;
- ☉ Custom blending of essential oils, according to light, sound, color;
- ☉ Introduction to *Facial Soundscapes: Harmonic Renewal™*, a tuning fork facial Chinese, Western and “folk” herbal therapies, as well as skin syndromes, such as “liver spots,” dark circles, acne, rosacea, broken capillaries, etc., will be covered. In this hands-on workshop, you will create and take home herbal masks, essential oils, and “skin foods” for facial renewal.

REFUNDS AND CANCELLATION POLICY

Requests for refunds must be made in writing no later than 4 weeks prior to the seminar. No refunds will be granted after that date.

Please note: acupuncturists are required to complete both weeks to receive certification; non-acupuncturists will receive certification after completing a forthcoming module 2 (TBA).

Registration is limited!!

For registration, contact:

Diana Horowitz, M. S., L. Ac.
3867 Tennyson Street, Ste. D, Denver, CO 80212
diana@opalacupuncture.com
720-404-9926

Credit cards (Visa/MC) will be accepted.

Note: checks accepted for early registration only, payable to *Chi-Akra Center*. Credit card payments will be accepted for registration at any time. Send checks to the above address with the registration form, or fax the completed registration form with credit card information to *Chi-Akra Center* at 212-688-8709. (Upon registration, a list of required supplies will be provided.)

Please provide the following information: (print clearly)

Name: _____

Title: _____

Address: _____

Telephone: _____

Fax: _____

E-mail: _____

If you wish to pay by credit card, please provide the following:

Visa # _____

MasterCard # _____

Expiration Date _____

Signature _____

(as it appears on the card)

An additional \$25 non-refundable materials fee is to be paid directly to the Instructor for herbal products, web site listing and certificates and instruction manuals.

INSTRUCTOR BIOGRAPHY



Mary Elizabeth Wakefield, AAOM Educator of the Year, is an internationally-recognized author, teacher, Oriental medical practitioner and musician - a licensed acupuncturist, herbalist, Zen shiatsu and cranio-sacral therapist, and an opera singer. An outspoken and articulate advocate of Oriental medicine, she is a creator of innovative treatment protocols and writer for acupuncture periodicals, and has contributed significantly to raising public awareness of facial acupuncture as a viable, holistic treatment modality.

In 2005, Ms. Wakefield created a Diamond Acupuncture Facial™ for the Oscars, and her system of Constitutional Facial Acupuncture Renewal™ has been featured on Fox News, ABC-TV, the Discovery Channel's Fit Nation, in a number of periodicals including *Luxury Spa Finder*, *American Spa*, *Spa Asia*, *Dining Out*, and *Les Nouvelles Esthetique*, and in newspapers such as the Los Angeles Times, Chicago Tribune, Miami Herald, The Seattle Times, etc. Mary Elizabeth has contributed to, and/or been interviewed for, articles in *Alternative Medicine*, *Qi Magazine*, *Oriental Medicine Journal*, and *CA Journal of Oriental Medicine*, and has trained over 2,500 practitioners in her unique philosophy and treatment protocols.

Mary Elizabeth is a graduate of Tri-State College of Acupuncture in New York City, and has studied with such notable acupuncturists as Carolyn Bengston, Kiiko Matsumoto, Dr. Mark Seem, Arya Nielson, Jeffrey Yuen, Dr. Richard Tan, Fabien Maman, Yitian Ni and Donna Carey.

Ms. Wakefield has taught her innovative seminars in Constitutional Facial Renewal™ at AZ Acupuncture School in Tucson, AZ, NESA in Newton, MA, SBCOM in Santa Barbara, NWHSU in Minneapolis, MN, ACTCM in San Francisco, APMC in Berkeley, and in Oakland, CA, Mercy College and Swedish Institute in New York, NY, in Hawaii, Orlando, FL, Santa Fe, NM, Bastyr University in Seattle, WA, Michener Institute in Toronto, Vancouver, BC, CANADA, and other locations. She has also trained the acupuncture staffs of the Tucson, AZ, and Lenox, MA, locations of the Canyon Ranch Spa in her facial acupuncture protocol.

In July 2007, she was a presenter at the PCOM symposium in New York City, and also appeared at the AAAOM Conference in Portland, OR, in October. In November 2007, she and her teaching partner Michele Angelo were co-presenters at the 2nd International Sound Healing Conference in Santa Fe, NM. In March 2006, she was a featured speaker at the AOMA Southwest Symposium in Austin, TX, and also at the PCOM Symposium in New York City in July. In 2005, she shared top billing with noted colleagues Jeffrey Yuen and Miki Shima at the Conference of the AAOM in Chicago, IL, where she was named Educator of the Year.



presents

CONSTITUTIONAL FACIAL RENEWAL™

A 6-day certification series
June 20-22 and 28-29, 2008
at:

Boulder College of
Massage Therapy
6255 Longbow Drive
Boulder, CO 80301
(800) 442-5131
www.bcm.t.org



featuring:

Mary Elizabeth Wakefield,
L. Ac., Dipl. Ac., M. S., M. M.

TUITION:

ENTIRE CERTIFICATION (6 days)

Practitioners: \$800; after 5/15, \$850

Students: \$600; after 5/15, \$650

MODULE 1 only (3 days)

Practitioners: \$455; after 5/15, \$555

Students: \$350; after 5/15, \$400

MODULE 2 only (3 days)

Practitioners: \$455; after 5/15, \$555

Students: \$350; after 5/15, \$400

APPLIED PRACTICUM SESSION (6/22) only
(returning students only); \$150

EARLY REGISTRATION DISCOUNT FOR CERTIFICATION:

Practitioners: \$750, paid by 4/30/08

Students: \$575, paid by 4/30/08

Additional 10% discount applicable for full certification available to Acupuncture Association of CO members; paid by 4/30/08

For more details, or to register, contact:

Diana Horowitz; 720-404-9926

diana@opalacupuncture.com

42 NCCAOM CEU's for certification

CA CEUs pending

21 NCBTMB CEUs (module 2 only)

